



## AACP CPD 2 Day Acupuncture Refresher

### Day 1 of 2

Time		
09:00	Introductions and initial briefing of course outline and structure.	
09:15	<p>Analgesic mechanisms of acupuncture.</p> <p>Health and Safety</p> <p>Clinical reasoning and layering technique</p> <p>Theory session.</p>	<p>To refresh the participant's theoretical knowledge of the analgesic mechanisms of acupuncture.</p> <p>To refresh the participant's theoretical knowledge of the health and safety aspects related to the clinical application of acupuncture.</p> <p>To refresh the participant's theoretical knowledge of acupuncture and its role in the treatment of musculoskeletal pain.</p>
10:45	Comfort Break	
11:00	<p>Needling:</p> <p>Lung</p> <p>Large Intestine</p> <p>Heart</p> <p>Pericardium</p> <p>Practical session</p>	<p>Safely and effectively needle a variety of acupuncture points for the purpose of the treatment of musculoskeletal pain.</p> <p>Clinically reason the application of acupuncture in the treatment of musculoskeletal pain.</p> <p>Integrate acupuncture into the complete management of musculoskeletal pain in a clinical physiotherapeutic setting.</p>
12:30	Lunch	
13:00	<p>Needling:</p> <p>Stomach</p> <p>Spleen</p> <p>Liver</p> <p>Kidney</p> <p>Practical Session</p>	<p>Safely and effectively needle a variety of acupuncture points for the purpose of the treatment of musculoskeletal pain.</p> <p>Clinically reason the application of acupuncture in the treatment of musculoskeletal pain.</p> <p>Integrate acupuncture into the complete management of musculoskeletal pain in a clinical physiotherapeutic setting.</p>
14:00	<p>Needling:</p> <p>Small Intestine</p> <p>Triple Energizer</p> <p>Practical session</p>	<p>Safely and effectively needle a variety of acupuncture points for the purpose of the treatment of musculoskeletal pain.</p> <p>Clinically reason the application of acupuncture in the treatment of musculoskeletal pain.</p>





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		Integrate acupuncture into the complete management of musculoskeletal pain in a clinical physiotherapeutic setting.
15:00	Tea and Coffee Break	
15:15	Needling: Bladder Gall Bladder  Practical session	Safely and effectively needle a variety of acupuncture points for the purpose of the treatment of musculoskeletal pain.  Clinically reason the application of acupuncture in the treatment of musculoskeletal pain.  Integrate acupuncture into the complete management of musculoskeletal pain in a clinical physiotherapeutic setting.
16:45	Review	Case examples
17:00	Finish	





## AACP CPD 2 Day Acupuncture Refresher

### Day 2 of 2

Time	Content	Learning Outcomes
09:00	Introductions and review of day one.	
	Clinical reasoning and layering technique  Case study examples and scenarios  Theory session.	To refresh the participant's theoretical knowledge of acupuncture and its role in the treatment of musculoskeletal pain.
10:45	Tea and Coffee Break	
11:00	Treatment protocols:  Cervical and thoracic pain  Practical session	Safely and effectively needle a variety of acupuncture points for the purpose of the treatment of musculoskeletal pain.  Clinically reason the application of acupuncture in the treatment of musculoskeletal pain.  Integrate acupuncture into the complete management of musculoskeletal pain in a clinical physiotherapeutic setting.
12:30	Lunch	
13:00	Treatment protocols:  Shoulder and upper limb  Practical session	Safely and effectively needle a variety of acupuncture points for the purpose of the treatment of musculoskeletal pain.  Clinically reason the application of acupuncture in the treatment of musculoskeletal pain.  Integrate acupuncture into the complete management of musculoskeletal pain in a clinical physiotherapeutic setting.
14:00	Treatment protocols:  Back pain  Practical session	Safely and effectively needle a variety of acupuncture points for the purpose of the treatment of musculoskeletal pain.  Clinically reason the application of acupuncture in the treatment of musculoskeletal pain.  Integrate acupuncture into the complete management of musculoskeletal pain in a clinical physiotherapeutic setting.
15:00	Tea and Coffee break	





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<b>15:15</b>	Treatment Protocols:  Lower Limb  Practical session	Safely and effectively needle a variety of acupuncture points for the purpose of the treatment of musculoskeletal pain.  Clinically reason the application of acupuncture in the treatment of musculoskeletal pain.  Integrate acupuncture into the complete management of musculoskeletal pain in a clinical physiotherapeutic setting.
<b>16:15</b>	Admissions assessment (optional) Needle competency test. Practical  Knowledge and understanding of safe acupuncture practice. Written assessment.	Safely and effectively needle a variety of acupuncture points for the purpose of the treatment of musculoskeletal pain.  To understand and demonstrate a knowledge of the health and safety issues related to the treatment of musculoskeletal pain with acupuncture.
<b>16:45</b>	Review Day	Revision
<b>17:00</b>	Finish	

