**DR AMALI LOKUGAMAGE, MBChB, BSc, MSc (Epidemiology), MD, FRCOG, SFHEA**

**Title:** Why women seek acupuncture and complementary medicine for women’s health

**Conference Timeslot:** 08.45 – 09.45am

**Biography:** Dr Amali Lokugamage MBChB, BSc, MSc (Epidemiology), MD, FRCOG, SFHEA is a Consultant obstetrician and gynaecologist in London, UK. She has over 24 years of experience in the speciality. Her main clinical interests lie in medical gynaecology and general obstetrics with expertise in normalising birth. She has authored a book called *The Heart in the Womb: An Exploration of the Roots of Human Love and Social Cohesion*. She has contributed a chapter to the bestselling book *The Roar Behind the Silence: Why kindness, compassion and respect matter in maternity care*. Dr Lokugamage is an internationally invited speaker at many multidisciplinary Birth conferences promoting respectful care, dignity and autonomy in maternity services as well as lecturing on the origins of compassionate behaviour and social cohesion. Her international positions of leadership are; being on the Board of Directors of the International MotherBaby Childbirth Organisation (UN recognised NGO); on the Advisory Board of Human Rights in Childbirth (NGO) (2014-Feb 2017); and on the Editorial Board for the International Journal of Childbirth. She was awarded a Fellow of the Royal College and Obstetricians (FRCOG) in 2008 and a Senior Fellowship of the Higher Education Academy (SFHEA) in 2016.

Her research & publications cover critical evaluation of evidence based medicine, human rights in childbirth, normalising birth, life course epidemiology, recurrent miscarriage, the use of Misoprostol for labour and delivery, and international women’s health.

In London she leads an NHS maternity acupuncture service. She is a Trustee of the Birthlight Trust where she instigated a pregnancy yoga dance project. Dr Lokugamage also has expertise in the treatment of chronic illness integrating both standard and complementary medicine modalities in a patient centred approach.

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**CHRIS NORTLEY**

**Title:** Gate of Hope: An Introduction to Traditional Chinese Acupuncture

**Conference Timeslot:** 09.45 – 10.45am

**Biography:** Chris’s background is in Mental Health. He was a Clinical Specialist Nurse in Psychiatry for Manchester Mental Health Trust for twenty years. In 1987 he trained in Medical Acupuncture and, along with Consultant Psychiatrists, operated an Acupuncture Clinic in a Psychiatric Hospital. In the 1990’s he trained in Traditional Acupuncture and from 1998 until 2011 ran a full time Acupuncture Service in North Manchester General Hospital offering Traditional Acupuncture to in-patients and out-patients with a range of mental health and general medical conditions. Chris has taught Acupuncture at Universities and Colleges throughout the UK and has presented his work at National, European and International Conferences. In 2003 he was presented with an award by HRH the Prince of Wales for his work in integrating Acupuncture into the NHS. In 2004 he was featured in the Independent on Sunday as one of the ten leading Acupuncturists in the UK and in 2011 he received an “Acupuncture Hero” award from the British Acupuncture Council. Chris continues to practise Acupuncture in Lancaster.
Dr Giovanna Franconi, MD, PhD

Title: TCM and Acupuncture in the Omics Era

Conference Timeslot: 11.15am – 12.15pm

Biography: Giovanna Franconi, MD, PhD is assistant professor of Internal Medicine at Tor Vergata University in Rome, Italy. She has a degree from the joint Sino-Italian Master’s program in Integration of Western and Traditional Chinese Medicine with a dissertation on male infertility, and has been head of the only public acupuncture clinic for male infertility in Italy. She has been partner in two European projects, GP-TCM (Good Practices in Traditional Chinese Medicine) and CHETCH (China and Europe Taking Care of Health practices), and Scientific Secretary of the Guiding Committee for the project of the World Federation of Chinese Medicine Societies “International Standard Chinese-Italian Basic Nomenclature of Chinese Medicine”. She is an Editorial Board member of the European Journal of Integrative Medicine and reviewer of TCM grant applications to the Food and Health Bureau of The Government of Hong Kong Special Administrative Region, Hong Kong.

Andy Harrop

Title: Japanese Acupuncture for Scar Tissue

Conference Timeslot: 13.30 – 14.30

Biography: Andy practices and teaches Kiiko style Japanese acupuncture and is recognised as one of the foremost practitioners of this style. He is currently the only person in Europe with Kiiko’s permission to teach her style of acupuncture.

Andy started his career in complementary medicine in London in 1984, studying shiatsu and macrobiotics, before travelling to Japan and the USA for 4 years in order to pursue his studies.

He began studying with Kiiko Matsumoto in 1991 and in 1995 completed a comprehensive clinical apprenticeship. He has continued to study regularly with Kiiko ever since and has returned to the USA on numerous occasions for further clinical studies and tuition with her as well as to study with one of Kiiko’s teachers; Master Kawai.

Andy is a British Acupuncture Council registered practitioner and has also studied both TCM and Five Element Acupuncture at the College of Integrated Chinese Medicine in the UK. Since 1990 he has been studying Classical Chinese texts with Elisabeth Rochat de la Vallée and Peter Firebrace.

For 6 years he lectured to nursing groups at Kings College London and has also lectured to charity and business groups. He worked for 18 months using Japanese acupuncture in two National Health G.P. surgeries and for 10 years using shiatsu in Guy’s Hospital oncology department. He has been invited to appear on television and in radio programmes to discuss alternative therapies and their significance. In 1993 he wrote and produced the training video Shiatsu Today and in 2015 wrote an article for the Journal of Chinese medicine entitled, The Pituitary Gland – Classical Connections and Treatment.

Andy maintains his private practice in Dulwich, London and also organises Kiiko’s annual London seminar.
**David Mayor**

**Title:** Exploring Amplitude in Transcutaneous Electroacupuncture Stimulation (TEAS)

**Conference Timeslot:** 14.50 – 15.50

**Biography:** David Mayor is an acupuncture practitioner and researcher who has used electroacupuncture (EA) for 30 years and taught its use to practitioners and students for over 20 years, both in the UK and abroad. He first presented at an AACP conference in 2001, and has lectured on EA for both the AACP and BMAS. In 2007, his textbook on EA was published by Churchill Livingstone (Elsevier). For the past seven years he has been investigating the effects of acupuncture, EA and ‘transcutaneous EA stimulation’ (TEAS) on the electrical activity of the brain (EEG) and heart (ECG), under the supervision of Professor Tim Watson at the University of Hertfordshire. He is currently embarking on a research project to explore which patient characteristics may contribute to whether they respond well or poorly to acupuncture.

In Leeds, he will present data from a recent study exploring the sensory and tolerance thresholds of ‘strong but comfortable’ TEAS – what factors affect the levels that recipients report, and what effects different levels have on mood and other measures.

**Dr Daniel Keown**

**Title:** What God Forgot to Tell the Surgeons: Qi Exists!

**Conference Timeslot:** 15.50 – 16.50

**Biography:** Dr Daniel Keown first developed an interest in Chinese medicine from his grandmother who travelled around China well into her 80’s. It was her who first told him of the tradition of Chinese medicine. After leaving school he did a Western medical degree and specialised in Emergency medicine. Then, after his father became unwell, he went back to school to complete a degree in Chinese medicine from the College of Integrated Chinese Medicine in Reading.

Dr Keown has made it his lifetime’s work to get the principles of Chinese medicine accepted in Western circles, and it was to that end that he wrote ‘The Spark in The Machine’. Since it’s release in 2014, the Spark In The Machine has been consistently the Amazon best seller on acupuncture both in the UK and USA. As a result, Dr Keown now lectures internationally on the central concepts within the book: that Chinese medicine and acupuncture theory are not just scientific but also open up amazing new windows into our understanding of the body!

When not working as either an acupuncturist or doctor, Daniel Keown lives in Tunbridge Wells with his wife and two children, tending his allotment and dreaming of the perfect wave.

He has a new book ‘A New Textbook of Medicine’ being released in September 2018

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**2018 AACP Leeds Conference**

**13th October 2018**

The Principal Met Hotel, Leeds

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