Women’s Health Acupuncture CPD Course

Description
This two day course is designed for practicing chartered physiotherapists who wish to expand their theoretical knowledge and practical application of the use of acupuncture in the treatment of a variety of conditions related to women’s health. The course itself covers both Traditional Chinese and Western medical perspectives in the treatment of a variety of conditions. The course presents a clinical reasoning model for the integration of evidence based acupuncture into physiotherapy practice. This specialist women’s health course is not restricted to physiotherapists only working in women’s health as it is of benefit to any physiotherapist wishing to expand their scope of practice into the treatment of conditions within the realms of obstetrics and gynecology. All participants should be MCSP and HCPC registered and have already successfully undertaken a recognised acupuncture foundation course.

Aims
- To develop participant’s theoretical knowledge of acupuncture and its role within the broad scope of women’s health including; incontinence, dysmenorrhea, amenorrhea, endometriosis, menopausal symptoms, pelvic girdle pain, vulvar vestibulitis syndrome, hyperemesis, polycystic ovary syndrome and infertility.
- To develop participant’s practical skills in the treatment of women’s health conditions within the area of obstetrics and gynecology for a variety of clinical conditions including; incontinence, dysmenorrhea, amenorrhea, endometriosis, menopausal symptoms, pelvic girdle pain, vulvar vestibulitis syndrome, hyperemesis, polycystic ovary syndrome and infertility.

Training Objectives
Knowledge
To be able to:
- Develop a clinical reasoning model for the use of acupuncture within the area of obstetrics and gynecology.
- Select appropriate acupuncture points for the treatment of a variety of women’s health conditions.

Skills
To be able to:
- Safely and effectively employ a variety of needling techniques for women’s health.
- Safely and effectively use the acupuncture in the treatment of a variety of conditions.
- Safely and effectively select points for the use of acupuncture in the treatment of a variety of women’s health conditions based on an evidence based clinical reasoning model.

Understanding
To understand:
- The pathology of a variety of women’s health conditions.
- The physiological basis of acupuncture in the area of obstetrics and gynecology.
- The health and safety issues related to women’s health acupuncture.
- The clinically reasoned use of acupuncture within women’s health and its integration within a variety of therapy approaches.

These objectives will be achieved through a variety of teaching strategies including lectures, tutorials, seminars, action groups, problem-based learning scenarios, clinical reasoning based case studies and practical needling situations. Learning will also be supported by the course study manual and the use of research-based teaching materials and methods.

Students will be provided with the following resources for their use on the course; course manual, handouts, anatomical point location images and a selection of needles.

The course runs from 09:00 to 17:00 on both days (14 hours CPD).