



AACP Approved Continued Professional Development Thoracic Safety Acupuncture Course

Description

This course is designed for clinicians who wish to review and refresh their theoretical knowledge and practical skills in the safe and effective application of acupuncture and dry needling to the thoracic and scapular region.

Participants should have already successfully undertaken a recognised foundation level course.

Aims

- To develop participant's theoretical knowledge of the safe and effective application of acupuncture and dry needling to the thoracic and scapular region.
- To develop participant's practical skills in the safe and effective application of acupuncture and dry needling to the thoracic and scapular regions.

Training Objectives

Knowledge

To enhance the participants knowledge of:

- The anatomical topography of the thoracic region.
- Acupuncture and trigger point location in the thoracic region.
- Safe anatomical targets and the collateral risk of thoracic acupuncture and dry needling.

Skills

To be able to:

- Effectively palpate and identify the anatomical topography of the thoracic region.
- Identify any predisposing risk factors influencing the safe and effective application of acupuncture and dry needling to the thoracic and scapular regions.
- Safely and effectively apply acupuncture and dry needling to the thoracic and scapular regions.
- Safely and effectively integrate acupuncture and dry needling into the complete management of thoracic and scapular pain and dysfunction.

Understanding

To understand:

- The anatomical topography of the thoracic region and its relationship to safe effective acupuncture and dry needling.
- The risk factors associated with acupuncture and dry needling in the thoracic region.
- The health and safety issues related to acupuncture and dry needling in the thoracic region.
- The use of acupuncture and dry needling and their safe and effective integration within the complete management of thoracic and scapular pain and dysfunction.

These objectives will be achieved through a variety of teaching strategies including lectures, tutorials, problem-based learning scenarios, clinical reasoning-based case studies and practical needling sessions. Learning will also be supported by the course study manual and the use of research-based teaching materials and methods.

Students will be provided with the following resources for their use on the course:

Course manual, handouts and a selection of acupuncture needles.

The course runs from 09:00 to 16:30 (7 hours CPD). Theory/Practical ratio 1:3.