**Women’s Health Acupuncture CPD Course**

*LBP, Pelvic, Obstetric and Gynaecological*

***By Jon Hobbs***

**Description**

This two-day course is designed to develop practitioners knowledge and practical skills to safely and effectively employ acupuncture in the treatment of a wide variety of conditions falling within the scope of pelvic, obstetric and gynaecological physiotherapy. This course provides a clinical reasoning model for the integration of evidence-based acupuncture into physiotherapy practice and focuses on the treatment of conditions within pelvic, obstetric and gynaecological physiotherapy.

Includes the use of manual and electroacupuncture and protocols for over active bladder, dysmenorrhea, amenorrhea, endometriosis, menopausal symptoms, pelvic girdle pain and LBP in pregnancy, hyperemesis gravidarum, vulvar vestibulitis syndrome, polycystic ovary syndrome and more.

This course provides a clinical reasoning model for the integration of evidence-based acupuncture into physiotherapy practice and focuses on the treatment of conditions within pelvic, obstetric and gynaecological physiotherapy.

**Aims**

* To develop participant’s theoretical knowledge of acupuncture and its role within the broad scope of women’s health including incontinence, dysmenorrhea, amenorrhea, endometriosis, menopausal symptoms, pelvic girdle pain, vulvar vestibulitis syndrome, hyperemesis, polycystic ovary syndrome and infertility.
* To develop participant’s practical skills in the treatment of women’s health conditions within the area of obstetrics and gynaecology for a variety of clinical conditions including incontinence, dysmenorrhea, amenorrhea, endometriosis, menopausal symptoms, pelvic girdle pain, vulvar vestibulitis syndrome, hyperemesis, polycystic ovary syndrome and infertility.

**Training Objectives**

**Knowledge**

To be able to:

* Develop a clinical reasoning model for the use of acupuncture within the area of obstetrics and gynaecology
* Select appropriate acupuncture points for the treatment of a variety of women’s health conditions.

**Skills**

To be able to:

* Safely and effectively employ a variety of needling techniques for women’s health.
* Safely and effectively use the acupuncture in the treatment of a variety of conditions.
* Safely and effectively select points for the use of acupuncture in the treatment of a variety of women’s health conditions based on an evidence based clinical reasoning model

**Understanding**

To understand:

* The pathology of a variety of women’s health conditions
* The physiological basis of acupuncture in the area of obstetrics and gynaecology.
* The health and safety issues related to women’s health acupuncture.
* The clinically reasoned use of acupuncture within women’s health and its integration within a variety of therapy approaches.

These objectives will be achieved through a variety of teaching strategies including lectures, tutorials, seminars, action groups, problem-based learning scenarios, clinical reasoning-based case studies and practical needling situations. Learning will also be supported by the course study manual and the use of research-based teaching materials and methods.

Students will be provided with the following resources for their use on the course, course manual, handouts, anatomical point location images and a selection of needles.

**14 Hours CPD**

