

# AACP Approved Continued Professional Development Auricular Acupuncture Course

# Description

This course is designed for clinicians who wish to expand their theoretical knowledge and practical application of auricular acupuncture in the treatment of a variety of conditions.

Participants should have already successfully undertaken a recognised foundation level course

### Aims

- To develop participant's theoretical knowledge of auricular acupuncture and its role within a broad scope of physiotherapy practice.
- To develop participant's practical skills in the realms of both assessment and treatment with auricular acupuncture for a variety of clinical conditions within the scope of physiotherapy practice.

# **Training Objectives**

# Knowledge

To be able to:

- Locate specific regions, anatomical structures and points of the auricula.
- Locate specific skeletal anatomical structures on the auricula.
- Locate the specific Master points of the auricula.

### Skills

To be able to:

- Effectively use the auricula to confirm diagnosis of a variety of conditions.
- Safely and effectively employ a variety of needling techniques on the auricula.
- Safely and effectively use the auricula in the treatment of a variety of conditions.

# **Understanding**

To understand:

- The health and safety issues related to auricular acupuncture.
- The use of auricular acupuncture and its integration within a variety of therapy approaches.

These objectives will be achieved through a variety of teaching strategies including lectures, tutorials, seminars, action groups, problem-based learning scenarios, clinical reasoning based case studies and practical needling situations. Learning will also be supported by the course study manual and the use of research-based teaching materials and methods.

### Students will be provided with the following resources for their use on the course:

Course manual, handouts and anatomical point location images Stainless steel ear probe Synthetic practice ear

A selection of auricular needles

The course runs from 09:00 to 16:30 (7 hours CPD). Theory/Practical ratio 1:3.