**AACP Ltd, Peterborough**

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| **Address:** | AACP Ltd, 8-9 Sefton House, Newark Road, Peterborough, PE1 5PP |
| **Tel:** | 01733 390 007 |
| **Website:** | [www.aacp.uk.com](http://www.aacp.uk.com) |

Please note that lunch is not provided but there is a fridge, kettle and microwave on the premises.

The following fast food restaurants are within a 5-minute drive from the AACP;

* Subway (Unit 4, Breydon Centre, 2 Padholme Road East, Peterborough, PE1 5UX
* McDonald’s, Padholme Road East, Boongate, Peterborough, PE1 5XL
* Pizza Hut Restaurants, Carr Road, Boongate, Peterborough, PE1 5YA
* Sainsburys Supermarket, 112 Oxney Road, Peterborough, PE1 5NG is 5 minutes drive from the AACP.

**Directions**

**By Car**

**From the South:** Follow A1(M), take Junction 17 and keep right at the fork, follow signs for A1139 / Wisbech / Peterborough and merge onto the Fletton Parkway / A1139. At junction 5, exit towards the City Centre. At the next roundabout, take the 4th exit onto Boongate and take the 2nd exit onto Newark Road. At the mini roundabout go approx.. 500 yards and turn left onto Adam Court.

**From the North:**

Follow A15 to Parnwell Way in Peterborough. At the roundabout, take the 2nd exit and stay on A15. Follow the road to Paston Parkway / A15, taking the 3rd exit at the roundabout. At the Paston Parkway roundabout, take the 2nd exit and stay on Parnwell Way. Follow signs to Oxney Road and turn left onto Newark Road. Turn right onto Adam Court.

For personal directions, please [**click here**](https://www.google.co.uk/maps/dir/Sefton%2BHouse%2C%2BAcupuncture%2BAssociation%2Bof%2BChartered%2BPhysiotherapists%2B%28AACP%29%2BLtd%2C%2BAdam%2BCourt%2C%2BNewark%2BRd%2C%2BPeterborough%2BPE1%2B5PP/%4052.5787271%2C-0.2109134%2C17z/data%3D%214m9%214m8%211m0%211m5%211m1%211s0x4877f088c06d078f%3A0x911e14231311b819%212m2%211d-0.209209%212d52.578469%213e0).

The entrance to Adam Court is located opposite Eagle Foods.

Turn left and continue to the end of the complex, the AACP Car Park is on your right. Car parking spaces are limited, so please only use spaces labelled AACP. Overflow parking is available at the back of the building. Cars parking on double yellow lines, will be clamped.

Please press the doorbell marked AACP and speak into the intercom, one of the team will buzz you into the building. Please come up the stairs and take a right into the training room.

Please note that lift access is not available.

**By Bus**

* From Peterborough City Bus Station, go to **Bay 16** and take **Bus No. 4** towards Parnwell (14 stops / 12 minutes). Get off at Augusta Close in Parnwell and walk to Adam Court, Newark Road for 20 minutes.
* From Peterborough City Bus Station, go to **Bay 11** and take **Bus No. 61** towards Newark and get off at Eastern Industry, Saracen Way (12 stops / 19 minutes) and walk to Adam Court, Newark Road for 6 minutes.
* From Tesco Metro (**Bus stop T**) on Broadway, take **bus number 37** towards Spalding. Get off at Augusta Close, Parnwell and walk to Adam Court, Newark Road for 20 minutes.

[**Click here**](https://www.stagecoachbus.com/timetables) to plan your journey or here to view the bus timetables.

**Train Station**

The nearest railway station to to the venue is Peterborough and will take approx. 10 minutes taxi ride.

This could cost between £5.00 and £8.00 each way.

For more information on train times or to book your travel, please click [**here**](http://www.nationalrail.co.uk/)**.**

**Local Taxi Companies**

* Peterborough Cars – 01733 704 444
* City Cabs – 01733 341 111

**Accommodation**

* Premier Inn Peterborough (Hampton) Hotel, 4 Ashbourne Road, Off London Road, Hampton, PE7 8BT
* Travelodge Peterborough Central, New Road, Peterborough, PE1 1FW
* Holiday Inn Peterborough West, Thorpe Wood, Peterborough, PE3 6SG
* Peterborough Marriott Hotel, Peterborough Business Park, Lynch Wood, Peterborough, PE2 6GB