

Thoracic Update Acupuncture course (CPD) timetable (content and learning outcomes)

Time	Content	Learning Outcomes
09:00	Introductions and initial briefing of course outline and structure.	
09:15	Thoracic anatomy and safety review Theory session.	To enhance the participants knowledge of: The anatomical topography of the thoracic region. Acupuncture and trigger point location in the thoracic region. Safe anatomical targets and the collateral risk of thoracic acupuncture and dry needling.
10:30	Comfort break	
10:45	Thoracic anatomy and safe needling practice. Practical session	To be able to: Effectively palpate and identify the anatomical topography of the thoracic region. Identify any predisposing risk factors influencing the safe and effective application of acupuncture and dry needling to the thoracic and scapular regions. Safely and effectively apply acupuncture and dry needling to the thoracic and scapular regions. Safely and effectively integrate acupuncture and dry needling into the complete management of thoracic and scapular pain and dysfunction.
12:30	Lunch	
13:00	Acupuncture point review and practice incorporating the BL, GB, SI, TE, ST channels. Practical session.	To be able to: Effectively palpate and identify the anatomical topography of the thoracic region. Identify any predisposing risk factors influencing the safe and effective application of acupuncture and dry needling to the thoracic and scapular regions. Safely and effectively apply acupuncture and dry needling to the thoracic and scapular regions. Safely and effectively integrate acupuncture and dry needling into the complete management of thoracic and scapular pain and dysfunction.
14:30	Comfort break	
14:45	Acupuncture point review and practice incorporating the BL, GB, SI, TE, ST channels. Practical session.	To be able to: Effectively palpate and identify the anatomical topography of the thoracic region. Identify any predisposing risk factors influencing the safe and effective application of acupuncture and dry needling to the thoracic and scapular

		<p>regions.</p> <p>Safely and effectively apply acupuncture and dry needling to the thoracic and scapular regions.</p> <p>Safely and effectively integrate acupuncture and dry needling into the complete management of thoracic and scapular pain and dysfunction.</p>
16:00	<p>Review of the integration of acupuncture and dry needling into the complete management of thoracic and scapular pain and dysfunction.</p>	<p>Revision:</p> <p>The anatomical topography of the thoracic region and its relationship to safe effective acupuncture and dry needling.</p> <p>The risk factors associated with acupuncture and dry needling in the thoracic region.</p> <p>The health and safety issues related to acupuncture and dry needling in the thoracic region.</p> <p>The use of acupuncture and dry needling and their safe and effective integration within the complete management of thoracic and scapular pain and dysfunction.</p>
16:30	Finish	