**Neuro-acupuncture for MSK physios – bridging neuroscience and pain management**

PROGRAMME

08.45 Registration

09.00 The Evidence (lecture)

09.30 Physiological effects of acupuncture, incl. pain, inflammatory pathway, autonomic nervous system (lecture)

10.00 Neurological symptoms & acupuncture (discussion)

10.30 Coffee

10.45 Case Scenarios (small group work & feedback)

11.15 PRACTICAL needling of common useful points

12.30 Lunch

13.00 Myofascial trigger points and role in neurology, fibromyalgia and centralisation (lecture)

13.45 PRACTICAL needling of upper limb

14.30 Tea

14.45 PRACTICAL needling of lower limb

15.30 Case Scenarios (small group work & feedback)

16.00 Discussion & overview

16.45 Close