# ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

#### **COMPANY INFORMATION**

**Directors** Mr P Battersby

Mr C Collier MBE Mrs D Giura Mr J Hobbs Mrs S Nitta Mrs L Pattenden Mrs D Aiken Mrs M Kinney

Company number 05680004

Registered office Sefton House

Adam Court Newark Road Peterborough United Kingdom

PE1 5PP

Auditor Azets Audit Services

Westpoint Lynch Wood Peterborough Cambridgeshire United Kingdom PE2 6FZ

Bankers Natwest Bank Plc

92 High Street Huntingdon Cambridgeshire United Kingdom PE29 3DT

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#### **DIRECTORS' REPORT**

#### FOR THE YEAR ENDED 31 DECEMBER 2023

The directors present their report and financial statements for the year ended 31 December 2023.

#### **Principal activities**

The principal activities of the company are the furthering of Western Medical Acupuncture in general, the provision of advice and support to its members, comprehensive education, and training of (aspirant) members and the representation of its members with third parties.

#### 2023 / 2024

The virtual AGM and Conference were very successful in 2023, and I'm pleased to announce that the AACP will be celebrating its 40th anniversary on the 18th May 2024. Given this year will mark such a special occasion, we are holding a face-to-face conference followed by an evening of entertainment at the Wyboston Lakes Resort in Bedfordshire.

The AACP continues to operate on a sound financial footing, however, there may be challenges ahead given that the Chartered Society of Physiotherapists (CSP) will be withdrawing insurance cover for thoracic acupuncture needling on 1st July 2024. Members of the Board and the staff team have collectively negotiated suitable, alternative cover to ensure all AACP members remain covered once the changes are implemented.

The primary focus of the AACP has been in offering foundation training courses and in gaining new members as appose to continual professional development courses (CPD) This is due to there being a large number of third-party providers, offering online CPD training, although we have not eradicated CPD provision from our offerings. There is more than 40 hours of online complimentary CPD for our members which can be accessed via the members area of the website, which we continue to add to as often as possible. It is our primary objective to monitor the growth and retention of our members across the UK and internationally; we remain focused on growing the membership, despite the obstacles we have and will face. Our current retention figure stands at 91% over the past year. This slightly less than the previous year, however, we must be aware of the factors which have likely played a part in this, including the on-going financial economic crisis, and changed as set out above by the professional body. In light of this, we remain positively focussed and continue to adapt our strategies accordingly.

#### **Directors**

The directors who held office during the year and up to the date of signature of the financial statements were as follows:

Mr P Battersby
Mr C Collier MBE
Mrs D Giura
Mr J Hobbs
Mrs S Nitta
Mrs L Pattenden
Mrs W Rarity
Mrs D Aiken

(Resigned 18 January 2023)

#### Auditor

Mrs M Kinney

In accordance with the company's articles, a resolution proposing that Azets Audit Services be reappointed as auditor of the company will be put at a General Meeting.

#### Statement of disclosure to auditor

So far as each person who was a director at the date of approving this report is aware, there is no relevant audit information of which the company's auditor is unaware. Additionally, the directors individually have taken all the necessary steps that they ought to have taken as directors in order to make themselves aware of all relevant audit information and to establish that the company's auditor is aware of that information.

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

## DIRECTORS' REPORT (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2023

n behalf of the board			
r J Hobbs <b>irector</b>			

## DIRECTORS' RESPONSIBILITIES STATEMENT FOR THE YEAR ENDED 31 DECEMBER 2023

The directors are responsible for preparing the annual report and the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period. In preparing these financial statements, the directors are required to:

- · select suitable accounting policies and then apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

#### INDEPENDENT AUDITOR'S REPORT

### TO THE MEMBERS OF ACUPUNCTURE ASSOCIATION OF CHARTERED PHYSIOTHERAPISTS LIMITED

#### Opinion

We have audited the financial statements of Acupuncture Association of Chartered Physiotherapists Limited (the 'company') for the year ended 31 December 2023 which comprise the income and expenditure account, the statement of comprehensive income, the balance sheet, the statement of changes in equity and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the company's affairs as at 31 December 2023 and of its surplus for the
  year then ended;
- · have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

#### Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

#### Conclusions relating to going concern

In auditing the financial statements, we have concluded that the directors' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.

#### Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The directors are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

#### Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of our audit:

- the information given in the directors' report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report has been prepared in accordance with applicable legal requirements.

#### INDEPENDENT AUDITOR'S REPORT (CONTINUED)

### TO THE MEMBERS OF ACUPUNCTURE ASSOCIATION OF CHARTERED PHYSIOTHERAPISTS LIMITED

#### Matters on which we are required to report by exception

In the light of the knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report. We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the directors were not entitled to prepare the financial statements in accordance with the small companies
  regime and take advantage of the small companies' exemption in preparing the directors' report and from the
  requirement to prepare a strategic report.

#### Responsibilities of directors

As explained more fully in the directors' responsibilities statement, the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the directors determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the directors are responsible for assessing the company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the directors either intend to liquidate the company or to cease operations, or have no realistic alternative but to do so.

#### Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities is available on the Financial Reporting Council's website at: https://www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

#### INDEPENDENT AUDITOR'S REPORT (CONTINUED)

### TO THE MEMBERS OF ACUPUNCTURE ASSOCIATION OF CHARTERED PHYSIOTHERAPISTS LIMITED

#### Extent to which the audit was considered capable of detecting irregularities, including fraud

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above and on the Financial Reporting Council's website, to detect material misstatements in respect of irregularities, including fraud.

We obtain and update our understanding of the entity, its activities, its control environment, and likely future developments, including in relation to the legal and regulatory framework applicable and how the entity is complying with that framework. Based on this understanding, we identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. This includes consideration of the risk of acts by the entity that were contrary to applicable laws and regulations, including fraud.

In response to the risk of irregularities and non-compliance with laws and regulations, including fraud, we designed procedures which included:

- Enquiry of management and those charged with governance around actual and potential litigation and claims as well as actual, suspected and alleged fraud;
- · Reviewing minutes of meetings of those charged with governance;
- Assessing the extent of compliance with the laws and regulations considered to have a direct material effect on the financial statements or the operations of the company through enquiry and inspection;
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations;
- Performing audit work over the risk of management bias and override of controls, including testing of
  journal entries and other adjustments for appropriateness, evaluating the business rationale of significant
  transactions outside the normal course of business and reviewing accounting estimates for indicators of
  potential bias.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.

#### Use of our report

This report is made solely to the company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Tracey Richardson BSc (Hons) FCA	
Senior Statutory Auditor	
For and on behalf of Azets Audit Services	Date:
Chartered Accountants	
Statutory Auditor	Westpoint
-	Lynch Wood

Lynch Wood
Peterborough
Cambridgeshire
United Kingdom
PE2 6FZ

# PROFIT AND LOSS ACCOUNT FOR THE YEAR ENDED 31 DECEMBER 2023

	Notes	2023 £	2022 £
	110100	~	~
Turnover	3	449,192	462,915
Administrative expenses		(435,228)	(417,124)
Other operating income		20,125	25,776
Operating surplus	4	34,089	71,567
Interest receivable and similar income	7	7,058	5,496
Amounts written off investments	8	(6,180)	841
Surplus before taxation		34,967	77,904
Tax on surplus	9	(1,783)	(2,892)
Surplus for the financial year		33,184	75,012

# STATEMENT OF COMPREHENSIVE INCOME FOR THE YEAR ENDED 31 DECEMBER 2023

	2023 £	2022 £
Surplus for the year	33,184	75,012
Other comprehensive income Revaluation of investments	26,437	(36,392)
Total comprehensive surplus/(deficit) for the year	59,621 =====	38,620

## BALANCE SHEET AS AT 31 DECEMBER 2023

		202:	3	2022	<u> </u>
	Notes	£	£	£	£
Fixed assets					
Tangible assets	11		158,834		165,667
Investment properties	12		167,893		167,893
Investments	13		380,634		357,845
			707,361		691,405
Current assets					
Debtors	15	26,262		24,565	
Cash at bank and in hand		180,229		131,408	
		206,491		155,973	
Creditors: amounts falling due within one year	16	(216,186)		(209,333)	
One year		(210,100)		(209,555)	
Net current liabilities			(9,695)		(53,360)
Total assets less current liabilities			697,666		638,045
Reserves					
Investment revaluation reserve	18		53,735		27,298
Research reserve	19		65,800		68,400
Members' reserves	20		578,131		542,347
Members' funds			697,666		638,045
The financial statements were approved the are signed on its behalf by:	by the board	d of directors and a	uthorised for is:	sue on	and
Mr J Hobbs		Mrs L Pattenden			
Director		Director			

Company Registration No. 05680004

# STATEMENT OF CHANGES IN EQUITY FOR THE YEAR ENDED 31 DECEMBER 2023

		Investment revaluation reserve	Other reserves	Members' reserves	Total
	Notes	£	£	£	£
Balance at 1 January 2022		63,690	71,900	463,835	599,425
Year ended 31 December 2022: Surplus for the year		-	-	75,012	75,012
Other comprehensive income: Revaluation of investments		(36,392)			(36,392)
Total comprehensive income for the year Transfers		(36,392)	(3,500)	75,012 3,500	38,620 -
Balance at 31 December 2022		27,298	68,400	542,347	638,045
Year ended 31 December 2023: Surplus for the year Other comprehensive income:		-	-	33,184	33,184
Revaluation of investments		26,437			26,437
Total comprehensive income for the year Transfers		26,437	(2,600)	33,184 2,600	59,621
Balance at 31 December 2023		53,735	65,800	578,131	697,666

#### NOTES TO THE FINANCIAL STATEMENTS

#### FOR THE YEAR ENDED 31 DECEMBER 2023

#### 1 Accounting policies

#### **Company information**

Acupuncture Association of Chartered Physiotherapists Limited is a private company limited by guarantee incorporated in England and Wales. The registered office is Sefton House, Adam Court, Newark Road, Peterborough, United Kingdom, PE1 5PP.

#### 1.1 Accounting convention

These financial statements have been prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the requirements of the Companies Act 2006.

The financial statements are prepared in sterling, which is the functional currency of the company. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of certain financial instruments at fair value. The principal accounting policies adopted are set out below.

The company has taken advantage of the exemption under section 399 of the Companies Act 2006 not to prepare consolidated accounts, on the basis that the group of which this is the parent qualifies as a small group. The financial statements present information about the company as an individual entity and not about its group.

#### 1.2 Going concern

At the time of approving the financial statements, the directors have a reasonable expectation that the company has adequate resources to continue in operational existence for the foreseeable future. Thus the directors continue to adopt the going concern basis of accounting in preparing the financial statements.

#### 1.3 Turnover

Income represents amounts receivable for membership subscriptions and goods and services provided to members.

#### 1.4 Intangible fixed assets other than goodwill

Intangible assets acquired separately are recognised at cost and are subsequently measured at cost less accumulated amortisation and accumulated impairment losses.

Amortisation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Database 20% p.a. on a straight line basis

#### 1.5 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Buildings 2% p.a. on a straight line basis Computer equipment 33% p.a. on a straight line basis

Fixtures, fittings & equipment 25% p.a. on a reducing balance or straight line basis, or 10%

on a straight line basis

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2023

#### 1 Accounting policies

(Continued)

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is credited or charged to surplus or deficit.

#### 1.6 Investment property

Investment property, which is property held to earn rentals and/or for capital appreciation, is initially recognised at cost, which includes the purchase cost and any directly attributable expenditure. Subsequently it is measured at fair value at the reporting end date. The surplus or deficit on revaluation is recognised in the profit and loss account.

Where fair value cannot be achieved without undue cost or effort, investment property is accounted for as tangible fixed assets.

#### 1.7 Fixed asset investments

Interests in subsidiaries, associates and jointly controlled entities are initially measured at cost and subsequently measured at cost less any accumulated impairment losses. The investments are assessed for impairment at each reporting date and any impairment losses or reversals of impairment losses are recognised immediately in surplus or deficit.

A subsidiary is an entity controlled by the company. Control is the power to govern the financial and operating policies of the entity so as to obtain benefits from its activities.

An associate is an entity, being neither a subsidiary nor a joint venture, in which the company holds a long-term interest and where the company has significant influence. The company considers that it has significant influence where it has the power to participate in the financial and operating decisions of the associate.

Entities in which the company has a long term interest and shares control under a contractual arrangement are classified as jointly controlled entities.

#### 1.8 Impairment of fixed assets

At each reporting period end date, the company reviews the carrying amounts of its tangible and intangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any). Where it is not possible to estimate the recoverable amount of an individual asset, the company estimates the recoverable amount of the cash-generating unit to which the asset belongs.

Recoverable amount is the higher of fair value less costs to sell and value in use. In assessing value in use, the estimated future cash flows are discounted to their present value using a pre-tax discount rate that reflects current market assessments of the time value of money and the risks specific to the asset for which the estimates of future cash flows have not been adjusted.

If the recoverable amount of an asset (or cash-generating unit) is estimated to be less than its carrying amount, the carrying amount of the asset (or cash-generating unit) is reduced to its recoverable amount. An impairment loss is recognised immediately in surplus or deficit, unless the relevant asset is carried at a revalued amount, in which case the impairment loss is treated as a revaluation decrease.

Recognised impairment losses are reversed if, and only if, the reasons for the impairment loss have ceased to apply. Where an impairment loss subsequently reverses, the carrying amount of the asset (or cash-generating unit) is increased to the revised estimate of its recoverable amount, but so that the increased carrying amount does not exceed the carrying amount that would have been determined had no impairment loss been recognised for the asset (or cash-generating unit) in prior years. A reversal of an impairment loss is recognised immediately in surplus or deficit, unless the relevant asset is carried at a revalued amount, in which case the reversal of the impairment loss is treated as a revaluation increase.

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2023

#### 1 Accounting policies

(Continued)

#### 1.9 Cash and cash equivalents

Cash and cash equivalents are basic financial assets and include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

#### 1.10 Financial instruments

The company has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the company's balance sheet when the company becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

#### Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

#### Classification of financial liabilities

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities.

#### Basic financial liabilities

Basic financial liabilities, including creditors, bank loans, loans from fellow group companies and preference shares that are classified as debt, are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

#### 1.11 Derivatives

Derivatives are initially recognised at fair value at the date a derivative contract is entered into and are subsequently remeasured to fair value at each reporting end date. The resulting gain or loss is recognised in surplus or deficit immediately unless the derivative is designated and effective as a hedging instrument, in which event the timing of the recognition in surplus or deficit depends on the nature of the hedge relationship.

A derivative with a positive fair value is recognised as a financial asset, whereas a derivative with a negative fair value is recognised as a financial liability.

#### 1.12 Taxation

The tax expense represents the sum of the tax currently payable and deferred tax.

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2023

#### 1 Accounting policies

(Continued)

#### Current tax

The tax currently payable is based on taxable profit for the year. Taxable profit differs from net profit as reported in the profit and loss account because it excludes items of income or expense that are taxable or deductible in other years and it further excludes items that are never taxable or deductible. The company's liability for current tax is calculated using tax rates that have been enacted or substantively enacted by the reporting end date.

#### Deferred tax

Deferred tax liabilities are generally recognised for all timing differences and deferred tax assets are recognised to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits. Such assets and liabilities are not recognised if the timing difference arises from goodwill or from the initial recognition of other assets and liabilities in a transaction that affects neither the tax profit nor the accounting profit.

The carrying amount of deferred tax assets is reviewed at each reporting end date and reduced to the extent that it is no longer probable that sufficient taxable profits will be available to allow all or part of the asset to be recovered. Deferred tax is calculated at the tax rates that are expected to apply in the period when the liability is settled or the asset is realised. Deferred tax is charged or credited in the profit and loss account, except when it relates to items charged or credited directly to equity, in which case the deferred tax is also dealt with in equity. Deferred tax assets and liabilities are offset when the company has a legally enforceable right to offset current tax assets and liabilities and the deferred tax assets and liabilities relate to taxes levied by the same tax authority.

#### 1.13 Employee benefits

The costs of short-term employee benefits are recognised as a liability and an expense, unless those costs are required to be recognised as part of the cost of stock or fixed assets.

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the company is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

#### 1.14 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

#### 1.15 Leases

Rentals payable under operating leases, including any lease incentives received, are charged to profit or loss on a straight line basis over the term of the relevant lease except where another more systematic basis is more representative of the time pattern in which economic benefits from the leases asset are consumed.

Rental income from operating leases is recognised on a straight line basis over the term of the relevant lease. Initial direct costs incurred in negotiating and arranging an operating lease are added to the carrying amount of the leased asset and recognised on a straight line basis over the lease term.

#### 1.16 Foreign exchange

Transactions in currencies other than pounds sterling are recorded at the rates of exchange prevailing at the dates of the transactions. At each reporting end date, monetary assets and liabilities that are denominated in foreign currencies are retranslated at the rates prevailing on the reporting end date. Gains and losses arising on translation in the period are included in profit or loss.

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2023

#### 2 Judgements and key sources of estimation uncertainty

In the application of the company's accounting policies, the directors are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

#### 3 Income and other revenue

An analysis of the company's income is as follows:

		2023	2022
	In a sure	£	£
	Income	000 040	000.004
	Membership subscriptions	283,818	302,634
	Course income	150,829	146,222
	Other income	14,545	14,059
		449,192 =====	462,915
	Other significant income		
	Interest income	212	31
	Dividends received	6,846	5,465
	Rental income	20,125	25,776
4	Operating surplus		
		2023	2022
	Operating surplus for the year is stated after charging/(crediting):	£	£
	Fees payable to the company's auditor for the audit of the company's financial		
	statements	5,400	4,800
	Depreciation of owned tangible fixed assets	7,823	7,153
	Operating lease charges	3,467	2,326
5	Directors' remuneration		
		2023	2022
		£	£
	Remuneration for qualifying services	98,676	93,099

# NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2023

#### 6 Employees

The average monthly number of persons (including directors) employed by the company during the year was:

	2023 Number	2022 Number
Total employees	6	5
Their aggregate remuneration comprised:	2023 £	2022 £
Wages and salaries Social security costs Pension costs	192,980 10,714 5,006 ———————————————————————————————————	161,956 7,403 4,078 ————————————————————————————————————
7 Interest receivable and similar income	2023 £	2022 £
Interest income Other interest income	212	31
Other income from investments Dividends received	6,846	5,465
Total income	7,058 ======	5,496
8 Amounts written off investments	2023 £	2022 £
(Loss)/gain on disposal of fixed asset investments	(6,180) ———	841
9 Taxation	2023 £	2022 £
Current tax UK corporation tax on profits for the current period	1,783	2,892

The company has estimated losses of £23,000 (2022 - £23,000) available for carry forward against future trading profits.

# NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2023

10	Intangible fixed assets				
	<b>g</b>				Database £
	Cost				
	At 1 January 2023 and 31 December 2023				55,394
	Amortisation and impairment				FF 204
	At 1 January 2023 and 31 December 2023				55,394
	Carrying amount At 31 December 2023				_
	At 31 December 2022				
11	Tangible fixed assets				
	<b>3</b>	Land and	Computer	Fixtures,	Total
		buildings		fittings & equipment	
	04	£	£	£	£
	Cost At 1 January 2023	194,475	56 296	35,815	286,676
	Additions	194,475	56,386 990	-	990
		404.475			
	At 31 December 2023	194,475	57,376	35,815	287,666
	Depreciation and impairment				
	At 1 January 2023	37,017	52,658	31,334	121,009
	Depreciation charged in the year	3,890	2,998	935	7,823
	At 31 December 2023	40,907	55,656	32,269	128,832
	Carrying amount				
	At 31 December 2023	153,568	1,720	3,546	158,834
	At 31 December 2022	157,458	3,728	4,481	165,667
12	Investment property				
14	invocations property				2023
	Fair value				£
	At 1 January 2023 and 31 December 2023				167,893

Investment property comprises part of Sefton House, Peterborough. The property is stated at cost as this is considered to be the fair value.

# NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2023

13	Fixed asset investments			
			2023	2022
		Notes	£	£
	Investments in subsidiaries	14	1	1
	Listed investments		380,633	357,844
			380,634	357,845
	Movements in fixed asset investments			
		Shares in	Other	Total
		subsidiaries	investments	_
		£	£	£
	Cost or valuation		057.044	057.045
	At 1 January 2023	1	357,844	357,845
	Additions	-	44,136	44,136
	Valuation changes	-	35,629	35,629
	Disposals		(56,976)	(56,976
	At 31 December 2023	1	380,633	380,634
	Carrying amount			
	At 31 December 2023	1	380,633	380,634
	At 31 December 2022		<del>=====</del> 357,844	357,845

#### 14 Subsidiaries

Details of the company's subsidiaries at 31 December 2023 are as follows:

Name of undertaking	Registered office	Nature of business	Class of shares held	% Held Direct
AACP Ltd	England and Wales	Dormant	Ordinary	100

The aggregate capital and reserves and the result for the year of the subsidiaries noted above was as follows:

Name of undertaking	Capital and Reserves	Profit/(Loss)
	£	£
AACP Ltd	1	_

# NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2023

15	Debtors	2023	2022
	Amounts falling due within one year:	£	£
	Trade debtors	11,339	15,947
	Prepayments and accrued income	14,923	8,618
		26,262	24,565
16	Creditors: amounts falling due within one year		
	<b>3 3</b>	2023	2022
		£	£
	Trade creditors	6,343	3,672
	Amounts owed to group undertakings	1	1
	Corporation tax	1,783	2,892
	Other taxation and social security	4,689	4,526
	Other creditors	6,463	6,340
	Accruals and deferred income	196,907	191,902
		216,186	209,333
17	Defined contribution pension schemes		
••	Domina domination ponoion domination	2023	2022
		£	£
	Charge in respect of defined contribution schemes	5,006	4,078
	The company operates a defined contribution pension scheme for all qualifyir	annlovees. The a	esets of the
	scheme are held separately from those of the company in an independently a		33013 01 1110
18	Investment revaluation reserve		
		2023 £	2022 £
	At the beginning of the year	27,298	63,690
	Revaluation surplus / (deficit) arising in the year	26,437	(36,392)
	At the end of the year	53,735	27,298

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2023

19 Other reserves	19	ther reserves
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	£
At 1 January 2022 Transfer to members' reserves	71,900 (3,500)
At 31 December 2022	68,400
Transfer to members' reserves	(2,600)
At 31 December 2023	65,800

The AACP have allocated £65,800 (2022 - £68,400) into a dedicated reserve fund for acupuncture research purposes.

#### 20 Members' reserves

	2023	2022
	£	£
At the beginning of the year	542,347	463,835
Surplus for the year	33,184	75,012
Transfer from research reserve	2,600	3,500
At the end of the year	578,131	542,347

#### 21 Operating lease commitments

#### Lessor

At the reporting end date the company had contracted with tenants for the following minimum lease payments:

	2023	2022
	£	£
Within one year	7,460	14,920

#### 22 Related party transactions

#### Remuneration of key management personnel

The remuneration of key management personnel, is as follows.

	2023 £	2022 £
Aggregate compensation	98,676	93,099

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2023

#### 22 Related party transactions

(Continued)

#### **Transactions with directors**

During the year £605 (2022 - £766) was reimbursed to directors for travel expenses incurred in respect of attendance of meetings.

During the year the company undertook the following related party transactions:

P Battersby, course tutor fees £9,900 (2022 - £7,200)

J Hobbs, course tutor fees £10,300 (2022 - £Nil)

Acupuncture Training Providers Ltd, a company controlled by Mr J Hobbs, a director, course tutor fees £4,400 (2022 - £31,780).

L Pattenden, course tutor fees £9,900 (2022 - £12,800).

M Kinney, course tutor fees £5,500 (2022 - £Nil).

During the year £4,039 (2022 - £5,998) was reimbursed to the above directors for travel expenses incurred in respect of course tutoring.

#### Transactions with subsidiary

At the year end there is £1 (2022 - £1) due to AACP Ltd, a subsidiary.

#### 23 Control

No one individual has overall control of the company.